



# AIKIDO INTERNATIONAL FRIENDSHIP SEMINAR

## REGISTRATION PROCEDURE

**REGISTER NOW! BEFORE SEPT. 1 for the PRE-REGISTRATION RATE and to insure your space -**

**Before Sept. 1** - Print out and complete the **Registration Application** and mail it with your payment to:

Aikido Centers Inc. • 301 Millbrook Ave. • Randolph, New Jersey 07869 USA

(ACNJ members and other local dojo members can register at any ACNJ dojo.)

**After Sept. 1** - Mail your **Registration Application** by Sept. 15. (“after Sept. 1” fees apply)

**After Sept. 15** - Register and pay at any ACNJ dojo or when you arrive at the seminar. (“after Sept. 1” fees apply)

Yukyusha/Yudansha Books - Please hand in yours at the dojo desk when you arrive at the seminar.

## ETIQUETTE FOR THE SEMINAR

### **ATTENDANCE**

You may attend as many classes as you want for the days you’ve registered. It may not be possible to take every class, but you can experience this entire unique and historic seminar.

### **CLASSES**

Please line up a minute or two before class and sit quietly waiting for the sensei.

If you wish to join a class that is already in progress please wait off the mat and await the sensei’s acknowledgement to join the class. If you must leave the mat please bow off discreetly.

The First-Aid Kit is located in the cabinet above the sink to the right side of the mat.

### **JEWELRY**

Please remove all jewelry (necklaces, bracelets, piercings, earrings, rings, etc.). This is for your safety and that of your training partners and to insure that your belongings will not be damaged.

### **DOGI**

Your dogi (and hakama) should be clean, unwrinkled and in good repair. No holes, stains. Mark your dogi top, pants, hakama and obi to identify them as yours.

### **WEAPONS**

Please place your weapons in the stands provided. Make sure they cannot be mistaken for someone else’s as they may walk off with them inadvertently. Mark your bokken, jo, tanto, case etc. to identify them as yours.

### **TRAINING**

Aikido training is with partners—not opponents. Practice respectfully and safely. Bow sincerely. Pay close attention to the unique aspects and suggestions of each sensei.

### **SHOES & ZORI**

Please leave your shoes on the shelves in the shoe room or under the chairs in the hallway.

Shoes are not allowed in the dojo training area. For the dojo training area please use indoor zori (sandals).

- THANK YOU -