

"Throw Like A Girl"

Saturday
March 24
1-4 pm

WOMEN'S
AIKIDO
INTENSIVE

Mat fee: \$40

(Our regular 10-11:30 am
Saturday class with
Greg O'Connor Sensei is
open to all at no charge)

Featuring

*Aikido Centers
Instructors*

4th Dan

Ginny Fanning

3rd Dan

Vivian Rioux

3rd Dan

Sonia Rapaport

3rd Dan

Deb Patterson

2nd Dan

Loretta Harris

Open to Women Aikidoka of any and
all Aikido dojos

AIKIDO  CENTERS

Aikido Centers-East Hanover Dojo

55 Eagle Rock Ave. East Hanover, NJ 07936 • 973 599 9300

• www.AikidoCenters.com •

