

# FALL Friendship Seminar

Join Us in welcoming Hans Goto Sensei to the East Coast!



**Greg O'Connor**

7th Dan Aikikai  
Aikido Centers of New Jersey



**Hans Goto**

7th Dan Aikikai  
Bay Marin Aikido, CA  
Pres. Takemusu Aikido Association



**Tom Collings**

6th Dan Aikikai  
Long Island Asian Studies Centers

**November 10** 10-12 / 2-4

H. Goto / T. Collings / G. O'Connor

## **Aikido Centers of New Jersey - Sparta**

38 Station Rd. Sparta, NJ 07871

917 853 4325

[www.AikidoCenters.com](http://www.AikidoCenters.com)

Mat fee: **\$80**

**November 11** 9-12

H. Goto

## **Integrated Peace Arts**

305 Central Ave. Suite 2 White Plains, NY 10606

914 648 0492

<http://integrated-peace-arts.org>

Mat fee: **\$50**

Open to all aikidoka - beginners thru advanced - all affiliations

*Bring your bokken and jo (just in case)*